Ibstock Place
CO-EDUCATIONAL DAY SCHOOL

Prep Physical Education Journey

Senior School

Please Note:

Prep 6 are also introduced to Water Polo at the end of their swimming unit. This programme is designed to build confidence, competence, and enjoyment in sport, while supporting a smooth transition into Senior School PE.

Athletics

Basketball

Gymnastics

Cross Country

Swimming

Tennis

The curriculum for Prep 3-6 has a strong focus on individual sports, pupils have the opportunity to further develop their skills through co-curricular clubs.

Prep 3 to Prep 6

Athletics

Striking and Fielding

Swimming

Gymnastics-rolls, balances and jumps

Net and Wall Games

Sending and Receiving

KG to Prep 2

KG-Year 2 is heavily focused on improving their fundamental movement skills